

July 2010

Sun	Mon	Tues	Wed	Thu	Fri
				1 Split pea soup, hot dog on bun, sauerkraut, potato salad, baked beans, ice cream July 4th Celebration Today's News 10:30am	2
4	5 No lunch, classes or Senior activities	6 Vegetable soup, baked ziti w/ meatballs, vegetables, salad, fruit	7 Cabbage soup, hamburger on bun, vegetables, baked fries, dessert	8 Beef barley soup, chicken salad, carrot raisin salad, tabouli, fruit Guitar Sing Along with Cathy Shelley Today's News 10:30am	9
11	12 Split pea soup, meatloaf, vegetables, dessert Storytelling with Dan Gordon Jewish Learning with Naomi Bingo 12:45pm	13 Five bean soup, turkey sandwich, salad, apple slaw, fruit Lunch \$1.00	14 Mushroom barley soup, BBQ chicken legs, vegetables, mashed potatoes, dessert	15 Beef vegetable soup, wheat pasta w/ chunky tomato and onion marinara, salad, fruit Arts Alive Program Today's News 10:30am Bingo 12:45 pm	16
18	19 Mushroom soup, chicken fajitas with corn tortillas, Spanish rice, fruit Bingo 12:45 pm	20 Tomato rice soup, turkey sandwich on whole wheat bread, salad, tabouli, dessert Lunch \$1.00	21 Sweet potato soup, Hungarian goulash with noodles, vegetable, fruit	22 Beef vegetable soup, wheat penne pasta with pesto, vegetables, salad, dessert Joke Day - Best Jokes Win a Prize! Today's News 10:30am Bingo 12:45 pm	23
25	26 Lentil soup, chicken chow mein with brown rice, fruit Bingo 12:45 pm	27 Tomato and rice soup, egg salad sandwich on whole wheat bread, salad, cole slaw, fruit Lunch \$1.00	28 Split pea soup, stuffed peppers, vegetables, dessert Sing Along with	29 Mushroom barley soup, tuna salad, carrot pineapple salad, tomato onion salad, dessert Today's News 10:30am	30

JCC houston THE COURIER

The Pauline Sterne Wolff Senior Community Center Newsletter



713-729-3200

713-551-7223 Fax

www.jcchouston.org

July 2010

Diana Howard
Director, Adult Services
Ext. 3298
dhoward@jcchouston.org

Esther Bethke
Administrative Assistant
Ext. 3258
ebethke@jcchouston.org

Karen Wolff
Coordinator, Chai Program
Ext. 3262
kwolff@jcchouston.org

24 Hour Lunch Reservations
Ext. 3258

JCC Transportation
Transportation Reservation
Voice Mail - Ext. 3284

Lounge Ext. 3328



Mousetrap at the Alley Theatre
Thursday, July 8, 6:30 p.m.

Written by the undisputed mistress of the thriller genre, **The Mousetrap** follows a group of strangers – one of whom is a murderer – trapped in a boarding house during a snow storm. Is it the newlyweds whose rampant suspicions nearly wreck their marriage, or the spinster with the curious background? Perhaps it is the architect, the retired Army major, or the odd man who claims his car overturned in a snow drift?

Fee: \$21m/\$25p

To RSVP for these trips call Esther at 713-729—3200 Ext. 3258

To All of My Friends at the JCC,

After many hours of contemplation I have decided that it is time for me to make a move and resign my position at the JCC. As most of you know, the past several years have been very tough for me. I do not have family in Houston and I have learned that in times of family crisis it is good to have family members nearby. I am not sure exactly where I am going or what I will do, but I am going to explore avenues to help me feel more connected to family and long time friends.

I have enjoyed my tenure at the JCC and that is because of you. The JCC senior members have been wonderful to work with and I will always treasure the friendship you have extended me over the past 12 years. I invite all of you to stay in touch via email at dianakhoward@gmail.com.

Jennifer Handy will be replacing me. Jennifer has work at the J for 8 years in the Arts and Culture Department and knows the ins and outs of the Center. Through the years Jennifer and I have worked together on offering you movies and other cultural program that we thought would be of interest to you. I feel confident that Jennifer will do a superb job as the Adult Service Program Coordinator. Please stop by her office and introduce yourself.

I congratulate Jennifer on her new position and I wish you all the best of health and happiness always.

I will miss you all!
Diana

Birthdays

Yom Huledet Sameach

Adia Bzand July 1
 Faye Faszholz July 1
 Jerome Wilkenfeld July 1
 Regina Hiller July 2
 Meyer Proler July 2
 Norma Trusch July 2
 Aron Govchteyn July 2
 Babette Weiser July 3
 Erin Owings July 4
 Mary Sonnenschein July 4
 Howard Trusch July 4
 Alice Foy July 6
 Louis Faszholz July 6
 Jim Elder July 7
 Josephine Cerra July 7
 Herbert Wizig July 7
 Albert Stein July 8
 Mary Hammes July 8
 David Odle July 8
 George Stovall July 10
 Maurice Spielman July 11
 Irina Ring July 11
 Elaine Elbein July 11
 Chaim Steinberg July 11
 John Freeman July 12
 Jack Balter July 12
 Sol Markel July 13
 Lois Alexanian July 13
 Joyce Cohan July 14

Benjamin Mosier July 15
 Polya Katz July 16
 Shirley Green July 17
 Albert Kronman July 17
 Ann Finkelstein July 17
 Max Hutchins July 18
 Andree Sonsino July 18
 William Tarnopol July 19
 Irene Friederman July 19
 Raisa Borisov July 19
 Michael Richker July 19
 Samson Jacobs July 20
 Riki Roussos July 20
 Henry Hart July 20
 Malcolm Marcoe July 21
 Miriam Selig July 22
 Miriam Korshak July 22
 Philip Kraus July 24
 Abe Friedman July 24
 Joyce Gilbert July 24
 Abner Morris July 25
 David Cohen July 25
 Joseph Shoss July 26
 Zoly Zamir July 27
 Ilia Lapirova July 27
 William Reed, Jr July 28
 Allan Rest July 28
 Louise Helms July 28
 Kay Maingot July 30

Summer Israeli Film Series Presented by The Houston Jewish Film Festival, The Consulate General of Israel to the Southwest and the Israeli House

Eyes Wide Open
Wednesday, July 21, 7:30 pm
Hebrew w/subtitles 2009, 90 min,
Director: Haim Tabakman

What happens when an ultra-Orthodox married man from Jerusalem falls in love with another man? A father of four sons, Aaron faces great temptation when a young man shows up at his butcher shop. Eyes Wide Open sensitively deals with the problems religious Orthodox must contend with when they wander from the straight and narrow.

Five Hours From Paris
Wednesday, August 18, 7:30 pm
Hebrew/Russian w/subtitles 2009, 90 min,
Director: Leon Prudovsky

When divorced cab driver drops his son off at school he meets Lina, a married woman on the brink of leaving Israel to join her husband in Canada. Neither is looking for romance, but somehow they find themselves drawn to each other and their conventional lives are radically transformed.

Arts Alive Program

Thursday, July 15, 1:00p.m.

Arts Alive is an integrated interactive arts program that is fun, exciting, and very creative!

Come join the fun by singing, dancing, and letting your imagination run wild with creativity.

**Call Esther at 713-729-3200 Ext 3258
 To RSVP**

Book Club

Wednesday, July 7, 1:00 p.m.
The Kill Artist by Daniel Silva

The Next Book Club will be
Wednesday, August 4, 1:00 p.m.
Charity Girl by Michael Lowenthal

A gripping, yet beautifully written historical novel, *Charity Girl* takes us back to Liberty Day in Scollay Square, Boston. "The sky! The cloudless, godsent sky. The breeze that set flags snapping like applause. There were flags hauled up in church spires and draped from windowsills, flags clasped in toddlers' pudgy fists; a teamster's horse had stars and stripes inked on its blinders."

\$8 JCC Member/ Patron of the Arts and MFAH Film Buff

\$10 Public

\$1 discount for students and seniors

Summer Special buy two tickets get one free

To purchase tickets call 713-551-7255 and leave a message.

Join Dan Gordon for Storytelling and Fun in the Chai Room
Monday, July 12, 11:00 a.m.

There will not be any classes, and lunch will not be served on Monday, July 5. The Senior Lounge will also be closed.

Senior Guidance Directories—2010-2011



The Chai program provides activities for senior adults who require a smaller, intimate environment and planned activities. For more information, call **Karen Wolff at 713-729-3200 Ext. 3262.**

Some of the Chai activities for June included a Judaic program presented by Naomi Barancik. The group discussed the Ten Commandments and Naomi presented an educational and informative program. Ann Thompson presented programs about the music of Irving Berlin, Noel Coward, and the history of the Broadway Theatre. The group planted herbs and discussed cooking with herbs and summer recipes.

For information about the Chai program please contact Karen Wolff at 713-729-3200 Ext: 3262



Be'Tay Avon and More

Lunch Activities Include:
Bingo every Monday and Thursday at 12:45 p.m.

July 1—July 4th Celebration with the barbershop quartet, **Mama's Boyfriends**

July 6, 13, 20, 27— \$1 lunch

July 8— Guitar Sing Along with Cathy Shelley

July 12 - Jewish Learning with Naomi

July 15—Arts Alive program

July 22 - Joke Day - Best Jokes Win a Prize!

July 28 - Sing Along with Ardener Franschaw

Lunch will not be served on Monday,

Two New Art Classes at the JCC

Cast Paper Vessels

Tuesdays, July 20, 27, August 3 & 10
 Thursdays, August 5, 12, 19, 26,
 7:00 – 9:00 p.m.

In this class, you will learn to mold specially-developed paper pulp into beautiful vessel forms. When your vessels dry, you will paint and embellish them to create original, exciting decorative arts pieces for your home or as gifts. Nothing is held back -- after completing the class, you will have all the information you need to continue working in this medium at home. No previous art or sculpting experience required. All supplies provided.

Fee: \$49m/\$65p + \$15 Materials Fee

Simple Printmaking

Thursdays, July 22 & 29
 Tuesdays, August 17 & 24
 6:30 -9:30 p.m.

Learn two methods for creating prints. One, using watercolors on a smooth plate, results in soft images that look like a painting. The other, using acrylics on a carved block, makes prints that are crisp and precise. The block material is soft and easy to carve. You will come away with the ability to repeat these activities at home. No previous art experience is required. All supplies provided.

Fee: \$35m/\$48p + \$15 Materials Fee

Call Esther Bethke at 713-729-3200 Ext. 3258 to sign up for these classes.

Dialogues 2010

Wednesday, July 14, \$65 per ticket

6:30 p.m. Wine Reception in the Mystical Garden • 7:15 p.m. Dinner
Enjoy an evening of stimulating conversation over dinner with Houston notables.

Featured speakers and their topics are:

Mayor Annise Parker— Issues Facing Houston Today

Stephen Fox- Architecture in Houston and Beyond

Ed Reitman, Ph.D.— The Path to Your Strengths is Through Your Weaknesses

Ed Wulfe— Dual Careers: Business and Community Involvement

Monica Pope— Eat Where Your Food Lives

Stephen Klineberg, Ph.D.— 25 Years of Houston Surveys Perspective on a City in Transition

Jim Burwell— Does your Dog Really Love You- Fact or Fiction!

C.C. Connor— Houston Ballet's New Center for Dancing

Betty Moody— Owning and Managing a Commercial Art Gallery

Rabbi Annie Belford— Finding Balance Between Work, Family, and Personal Life

Peter Dunkin— The Future of Mother Earth Depends on Women

Social Security Update New Rule to Make Federal Benefits Electronic

The U.S. Department of the Treasury published a proposed rule in the Federal Register to make all federal benefit payments electronic by March 1, 2013. Receiving payments electronically, rather than by paper check, is safer and more convenient and saves taxpayer dollars.

Highlights of the proposed rule

- All individuals whose claims for federal benefits are filed on or after March 1, 2011, would receive their payments electronically – through direct deposit or the **Direct Express®** Debit MasterCard card®.
- People receiving federal benefit payments by paper check would be required to switch to an electronic delivery method by March 1, 2013.

This change is expected to save more than \$125 million per year.

To see the full text of the proposal, visit www.fms.treas.gov/eft

Today's News

Today's News is a current events discussion group that meets every **Thursday at 10:30 a.m.**
Walter Dubov is the facilitator.



Nurse's Hours
Monday & Thursday 10—11 a.m.
 Janet Pinner

MITZVAH *Fund*

In Memory of

Gordon Kuhr
Adele Lyons
Pauline Blumoff
Emily Spector

Honor!

Florence and Walter Dubov
Miki and Gene Remels

Happy Birthday

Elaine Spiegelman
Elaine Plotkin

Thinking of You

Zoly Zamir
Florence and Walter Dubov
Loretta and Arnold Roman
Congratulations on Your Well Deserved

Helen Mintz
Evelyn Reichenthal

The Mitzvah Fund is a wonderful way to tell someone that you have remembered him or her. For your donations, we will send an acknowledgement of your congratulations, condolences or wishes for a speedy recovery. If paying by check, please make check payable to the JCC. The Mitzvah Fund contribution list appears monthly in the Courier.

Loretta and Arnold Roman

Learn the Latest Breakthroughs in Alzheimer's Research
2010 Bazelides Research Update on Alzheimer's Disease & Dementia
Tuesday, August 3
Check in: 6:30 p.m.— Program: 7 p.m.

Presented by:

Maria Carrillo, PhD

Alzheimer's Association National Office

Howard Fillit, MD

Alzheimer's Drug Discovery Foundation

This program is supported, in part, by the city of Houston acting as the Harris County Area Agency on Aging and the Texas Department on Aging and Disability Services.

RSVP online at www.alztex.org/researchupdate
or

Location:

Jewish Community Center - Kaplan Theatre
5601 S. Braeswood, Houston, TX 77096

Annual Used Book Sale

Sunday, August 22—August 29

August 22 8:00 a.m.— 10:00 a.m. Members only and please provide us with your membership card

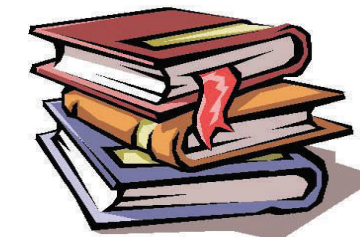
August 22 10:00 a.m.— 4:00 p.m.

August 23, 24, 25, 26 3:30—7:00 p.m.

Prices: Hardbacks \$2, Paperbacks \$1, Bags of Books \$7

WANTED!

Gently Used Books, Audio Books, CDs
Fiction, Nonfiction, Mysteries, Travel,
Adventure, Cookbooks, and Children's books



VOLUNTEERS ARE NEEDED FOR THE FOLLOWING:

Shelve Books- Monday, August 16, 1:00 p.m.—4:00 p.m.
Tuesday, August 17—19, 9:00 a.m.—5:00 p.m.

Sales - Sunday, August 22, 7:45 a.m.— 4:00 p.m.
Monday—Thursday, August 23-26, 3:30 p.m.— 7:00 p.m.
Sunday, August 29, 10:00 a.m.— 4:00 p.m.

Please call Esther Bethke at 713-729-3200 Ext 3258